

TRAVEL REGATTAS: WHAT TO BRING

- Departure: A bag lunch, snacks, and a full water bottle for the bus ride
- BRING A PHOTO ID!!! – Regatta staff may require IDs at check-in.**
- Wear your practice gear on the bus Thursday – there is no place to change at the regatta site. We are driving straight to the regatta site for rigging and practice shortly after arrival.
- DO NOT FORGET TO PACK YOUR CLEAN UNI & TECH SHIRT** – You can't race without them – this is for every athlete, including alternates
- Pack a few changes of clothes, including spirit wear for cheering
- If rain is predicted: bring rain gear (crew jackets or ponchos & rain boots) & a LOT of extra socks to keep your feet dry & toes protected
- Hat, sunscreen, sunglasses, & your water bottle with your name on it
- Light jacket & layering items for cooler temps
- Toiletries & sleepwear (bring toothpaste/toothbrush/deodorant)
- Entertainment items (board games or cards, a book)
- Optional: Spending money for souvenirs, regatta t-shirts, or vendor food at the regatta
- Optional: Beach towel to sit on in the regatta tent

FOR PARENTS:

- Bring a folding chair, camera, and binoculars in addition to relevant items from the above list for athletes; extra cellphone chargers are also helpful
- Review our Regatta information pages on the Oakton Crew website (www.oaktoncrew.com) for additional tips & a glossary of terms

PUT YOUR NAME ON EVERYTHING IN SHARPIE!!!!!!